

# School Food Enterprises

P.O. Box 95604 South Jordan Utah 84095 801-824-7456

School Food Item: # 5657

## WHOLE GRAIN RICH

## LARGE WHEAT DINNER ROLL

### Nutrition Facts

12 servings per container	
<b>Serving size</b>	<b>1 roll (57g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>140</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 240mg	<b>10%</b>
<b>Total Carbohydrate</b> 25g	<b>9%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 3g	
Includes 2g Added Sugars	<b>4%</b>
<b>Protein</b> 6g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 1mg	6%
Potassium 80mg	2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR, (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VITAL WHEAT GLUTEN, YEAST, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, SOYBEAN OIL, OAT FIBER, DISTILLED VINEGAR, DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOGLYCERIDES), CALCIUM SULFATE, CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.

CONTAINS: WHEAT, SESAME

Creditable grains total: **1.5**

case contains 12, 12 packs (144 rolls)

**NET WT 18.125 LBS**