

School Food Enterprises

PO Box 95604 * South Jordan, UT 84095

801-824-7456

School Food Item: # 5012W

MED Honey Whole Grain Cake Donut

Nutrition Facts

72 servings per container

Serving size 1 donut (51g)

Amount per serving

Calories 200

% Daily Value*

Total Fat 12g 15%

Saturated Fat 6g 30%

Trans Fat 0g

Polyunsaturated Fat 1g

Monounsaturated Fat 4g

Cholesterol 0mg 0%

Sodium 85mg 4%

Total Carbohydrate 23g 8%

Dietary Fiber 1g 4%

Total Sugars 11g

Includes 10g Added Sugars 20%

Protein 2g

Vitamin D 0mcg 0%

Calcium 15mg 2%

Iron 1mg 6%

Potassium 49mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: DONUT MIX (WHITE WHOLE WHEAT FLOUR, ENRICHED BLEACHED WHEAT FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, AND FOLIC ACID], SUGAR, DEXTROSE, SOY FLOUR, SOYBEAN OIL, NONFAT DRY MILK, LEAVENING [SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, GLUCONO DELTA LACTONE], CONTAINS 2% OR LESS OF: SPICE, DRIED HONEY [HONEY,WHEAT STARCH, CALCIUM STERATE, CANOLA LECITHIN], SOY LECITHIN, SALT, EMULSIFER [MONO-AND DIGLYCERIDES, CITRIC ACID], WHEAT STARCH, DRIED EGG YOLK) ,WATER, PALM OIL, GLAZE BASE (SUGAR, MALTODEXTRIN, CELLULOSE GUM) , RAINBOW SPRINKLES (SUGAR, CORN STARCH, HYDROGENATED PALM KERNEL OIL, SOYA LECITHIN, GUM ARABIC, CONFECTIONER'S GLAZE, YELLOW #6 LAKE, YELLOW #5, YELLOW #5 LAKE, BLUE #1 LAKE, RED #40 LAKE, RED #3) , CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: POWDERED SUGAR, SOYBEAN OIL, NATURAL AND ARTIFICIAL FLAVORS. (MILK)

CONTAINS EGG, MILK, WHEAT, SOY.

Contains bioengineered ingredients

Number of Grain Credits 0.5

4/18 pk 72 ct

NET WT 8.13 lbs. (3.69kg)

Distributed by: School Food Enterprises, Utah Corp.