

School Food Enterprises

P.O. Box 95604 South Jordan Utah 84095

801-824-7456

School Food Item: # 6873

WHOLE GRAIN RICH WHEAT HAMBURGER BUNS 4"

Nutrition Facts	
Serving Size 1 Bun (62g)	
Servings Per Container 8 Buns	
Amount Per Serving	
Calories 140	Calories from Fat 15
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	10%
Total Carbohydrate 26g	9%
Dietary Fiber 3g	12%
Sugars 3g	
Protein 6g	
Vitamin A 0%	Vitamin C 6%
Calcium 6%	Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories:
	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: WATER, WHOLE WHEAT FLOUR, ENRICHED, BLEACHED WHEAT FLOUR, (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYMES, ASCORBIC ACID, AZODICARBONAMIDE), WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF THE FOLLOWING: SHORTENING (SOYBEAN OIL AND FULLY HYDROGENATED SOYBEAN OIL BLEND), AND OR SOYBEAN OIL, YEAST, SALT, OAT FIBER, VINEGAR, ENZYMES, CALCIUM SULFATE,*

CONTAINS: WHEAT

40.3/16 = Grains/Bread servings
(Rounded down to nearest 1/4) **2.5**

case contains 6; 16 packs (96 buns)

NET WT 13.12 LBS

Distributed by: School Food Enterprises, Utah Corp.