

School Food Enterprises

P.O. Box 95804 South Jordan, Utah 84095
801-824-7456
School Food Item: # 6640

WHOLE GRAIN RICH WHEAT SUB ROLL 6"

Nutrition Facts	
Serving Size 1 Roll (74g)	
Servings Per Container 6 rolls	
Amount Per Serving	
Calories 170	Calories from Fat 15
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Total Carbohydrate 31g	10%
Dietary Fiber 3g	12%
Sugars 3g	
Protein 7g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 10%
*Percent Daily Values are based on a diet of other people's misdeeds.	
depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 65g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: WATER, WHOLE WHEAT FLOUR, ENRICHED, BLEACHED WHEAT FLOUR, (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYMES, ASCORBIC ACID, AZODICARBONAMIDE), WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF THE FOLLOWING: SHORTENING (SOYBEAN OIL AND FULLY HYDROGENATED SOYBEAN OIL BLEND), AND OR SOYBEAN OIL, YEAST, SALT, OAT FIBER, VINEGAR, ENZYMES, CALCIUM SULFATE, *

CONTAINS: WHEAT

40.2/16 = Grains/Bread servings
(rounded down to nearest 1/4) **2.5**

case contains 6; 12 packs (72 rolls)

NET WT 11 LBS 12 OZ

Distributed by: School Food Enterprises, Utah Corp.