School Food Enterprises

P.O. Box 95604 South Jordan Utah 84095
801-824-7456

School Food Item: # 5657

WHOLE GRAIN RICH

LARGE WHEAT DINNER ROLL

Nutrition Facts

Serving Size 1 Roll Baked (57g)
Servings Per Container 50 rolls

Amount Per Serving	
Calories 130	Calories from Fat 15
	% Daily Value*
Total Fat 1.5g	**2%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 220mg	**9%**
Total Carbohydrate 24g	**8%**
Dietary Fiber 3g	**12%**
Sugars 2g	
Protein 5g	
Vitamin A 0% •	Vitamin C 6%
Calcium 6% •	Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WATER, WHOLE WHEAT FLOUR, ENRICHED, BLEACHED WHEAT FLOUR, (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYMES, ASCORBIC ACID, AZODICARBONAMIDE), WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF THE FOLLOWING: SHORTENING (SOYBEAN OIL AND FULLY HYDROGENATED SOYBEAN OIL BLEND), AND OR SOYBEAN OIL, YEAST, SALT, OAT FIBER, VINEGAR, ENZYMES, CALCIUM SULFATE, CALCIUM PROPIONATE, L-CYSTEINE

CONTAINS: WHEAT

37.05g/16= Grains/Bread servings
(Rounded down to nearest 1/4) ***2.25***

case contains 6, 50 packs (300 rolls)

NET WT 41 LBS