

# School Food Enterprises

PO Box 95604 \* South Jordan, UT 84095  
801-824-7456

School Food Item: # 5012W

## Whole Wheat Donut IIW Sprinkles

<b>Nutrition Facts</b>	
Serving Size 1 Donut (71g)	
Amount Per Serving	
<b>Calories</b> 230	Calories from Fat 100
	% Daily Value*
<b>Total Fat</b> 11g	<b>17%</b>
Saturated Fat 5g	<b>25%</b>
Trans Fat 0g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 320mg	<b>13%</b>
<b>Total Carbohydrate</b> 31g	<b>10%</b>
Dietary Fiber 3g	<b>12%</b>
Sugars 15g	
<b>Protein</b> 3g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: WHOLE WHEAT FLOUR, WATER, SUGAR, ANIMAL OR VEGETABLE OIL SHORTENING ( MAY CONTAIN ONE OR MORE OF THE FOLLOWING: PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED, TALLOW, OR PALM OIL) , SOYBEAN OIL, SOY FLOUR, DRY EGG YOLK, LEAVENING ( SODIUM ACID PYROPHOSPHATE, BAKING SODA) , MAY CONTAIN 2% OR LESS OF: WHEAT STARCH, SALT, DRY WHEY, NONFAT SOLIDS, CORN SYRUP, SOY LECITHIN, MONO & DIGLYCERIDES, SORBITAN MONOSTEARATE, DEXTROSE, CELLULOSE GUM, CORN STARCH, CORN OIL, CITRIC ACID, ALPHA TOCOPHEROLS AS PRESERVATIVES, BETA CAROTENE AS COLOR, CALCIUM CARBONATE, AGAR, SPICE, BLUE#1, YELLOW #5, RED #3, YELLOW #6, RED #40 LAKE, NATURAL AND ARTIFICIAL FLAVORS.

**CONTAINS EGG, MILK, WHEAT, SOY.**

# of grams per portion/69=Grains/Bread servings  
(Rounded down to nearest 1/4) **1.00**

4/18 pk 72 ct

**NET WT 11 LBS (4970 g)**

Distributed by: School Food Enterprises, Utah Corp.