

School Food Enterprises

PO Box 95604 * South Jordan, UT 84095

801-824-7456

School Food Item: # 5012

Whole Wheat Donut W/Sprinkles

Nutrition Facts

Serving Size 1 Donut (71g)

Amount Per Serving

Calories 230 Calories from Fat 100

% Daily Value*

Total Fat 11g 17%

Saturated Fat 5g 25%

Trans Fat 0g

Cholesterol 25mg 8%

Sodium 320mg 13%

Total Carbohydrate 31g 10%

Dietary Fiber 3g 12%

Sugars 15g

Protein 3g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Saturated Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WHOLE WHEAT FLOUR, WATER, SUGAR, ANIMAL OR VEGETABLE OIL SHORTENING (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED, TALLOW, OR PALM OIL) , SOYBEAN OIL, SOY FLOUR, DRY EGG YOLK, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA) , MAY CONTAIN 2% OR LESS OF: WHEAT STARCH, SALT, DRY WHEY, NONFAT SOLIDS, CORN SYRUP, SOY LECITHIN, MONO & DIGLYCERIDES, SORBITAN MONOSTEARATE, DEXTROSE, CELLULOSE GUM, CORN STARCH, CORN OIL, CITRIC ACID, ALPHA TOCOPHEROLS AS PRESERVATIVES, BETA CAROTENE AS COLOR, CALCIUM CARBONATE, AGAR, SPICE, BLUE#1, YELLOW #5, RED #3, YELLOW #6, RED #40 LAKE, NATURAL AND ARTIFICIAL FLAVORS.

CONTAINS EGG, MILK, WHEAT, SOY.

of grams per portion/69=Grains/Bread servings
(Rounded down to nearest 1/4) **1.00**

case contains 4; 18 packs (72 donuts)

NET WT 11.3 LBS (5112 g)

Distributed by: School Food Enterprises, Utah Corp.