

# School Food Enterprises

P.O. Box 95604 South Jordan, Utah 84095  
801-824-7456

School Food Item: # 3830

## WHOLE GRAIN RICH WHEAT HOAGIE 4"

Nutrition Facts	
Serving Size 1 Roll (50g)	
Servings Per Container 12 rolls	
Amount Per Serving	
<b>Calories 110</b>	<b>Calories from Fat 10</b>
% Daily Value*	
<b>Total Fat 1.5g</b>	<b>2%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 190mg</b>	<b>8%</b>
<b>Total Carbohydrate 21g</b>	<b>7%</b>
Dietary Fiber 2g	8%
Sugars 2g	
<b>Protein 5g</b>	
Vitamin A 0%	Vitamin C 4%
Calcium 6%	Iron 6%
*Percent Daily Values are based on a diet of 2,000 calories. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 85g    85g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: WATER, WHOLE WHEAT FLOUR, ENRICHED, BLEACHED WHEAT FLOUR, (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYMES, ASCORBIC ACID, AZODICARBONAMIDE), WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF THE FOLLOWING: SHORTENING (SOYBEAN OIL AND FULLY HYDROGENATED SOYBEAN OIL BLEND), AND OR SOYBEAN OIL, YEAST, SALT, OAT FIBER, VINEGAR, ENZYMES, CALCIUM SULFATE, \*

CONTAINS: WHEAT

32.5/16= Grains/Bread servings  
(rounded down to nearest 1/4) **2.0**

case contains 12; 12 packs (144 rolls)

**NET WT 15.88 LBS**

Distributed by: School Food Enterprises, Utah Corp.